

AN ORDER FOR  
MORNING PRAYER AND EVENING PRAYER  
FOR USE ON SUNDAY

LENT

The Gathering of God's People

THE GREETING

*Stand*

*The minister greets the people*

Grace, mercy and peace  
from God our Father and the Lord Jesus Christ  
be with you all  
**and also with you.**

*or*

The Lord be with you.  
**And also with you.**

*or, from Easter Day to the Day of Pentecost*

Christ is risen!  
**The Lord is risen indeed! Alleluia!**

*The minister introduces the service with these or other suitable words*

We have come together in the name of Christ  
to offer our praise and thanksgiving,  
to hear and receive God's holy word,  
to seek the forgiveness of our sins,  
and to pray for the needs of the world,  
that by the power of the Holy Spirit  
we may give ourselves to the service of God.

O Lord, open our lips,  
**and our mouth will proclaim your praise.**

Let us worship the Lord.  
**All praise to his name.**

*The minister continues*

*Morning*

Blessed are you, God of compassion and mercy,  
to you be praise and glory for ever.

In the darkness of our sin,  
your light breaks forth like the dawn  
and your healing springs up for deliverance.

As we rejoice in the gift of your saving help,  
sustain us with your bountiful Spirit  
and open our lips to sing your praise.

Blessed be God, Father, Son and Holy Spirit.

**Blessed be God for ever.**

*Evening*

Blessed are you, Lord God of our salvation,  
to you be glory and praise for ever.

In the darkness of our sin you have shone in our hearts  
to give the light of the knowledge of the glory of God  
in the face of Jesus Christ.

Open our eyes to acknowledge your presence,  
that freed from the misery of sin and shame  
we may grow into your likeness from glory to glory.

Blessed be God, Father, Son and Holy Spirit.

**Blessed be God for ever.**

*A hymn may be sung.*

PENITENCE

*The prayers of penitence may take place after the Sermon during the seasons of Advent and Lent.*

*Penitential Kyries are provided on page 227 of the Book of Common Prayer.*

*The Confession is introduced with these words*

Compassion and forgiveness belong to the Lord our God,  
though we have rebelled against him. *Daniel 9: 9*

Let us then renounce our wilfulness  
and ask his mercy by confessing our sins in penitence and faith.

O God, our loving Father in heaven,  
we confess that we have sinned against you;  
we have broken your commandments;  
we have often been selfish,  
and we have not loved you as we should.  
For these, and all our sins, forgive us, we pray:  
through our Lord and Saviour Jesus Christ. Amen.

*Or this form may be used*

God our Father, we come to you in sorrow for our sins.  
For turning away from you,  
and ignoring your will for our lives;  
Father, forgive us:  
**save us and help us.**

For behaving just as we wish,  
without thinking of you;  
Father, forgive us:  
**save us and help us.**

For failing you by what we do,  
and think and say;  
Father, forgive us:  
**save us and help us.**

For letting ourselves be drawn away from you  
by temptations in the world about us;  
Father, forgive us:  
**save us and help us.**

For living as if we were ashamed to belong to your Son;  
Father, forgive us:  
**save us and help us.**

*The priest pronounces the absolution*

May the Father of all mercies  
cleanse you from your sins,  
and restore you in his image  
to the praise and glory of his name,  
through Jesus Christ our Lord.  
**Amen.**

*If no priest is present the absolution is omitted  
and the following prayer may be said*

May the God of love  
bring us back to himself,  
forgive us our sins,  
and assure us of his eternal love  
in Jesus Christ our Lord.  
**Amen.**

*The minister says*

Your word is a lantern to my feet  
and a light upon our path. *c.f. Psalm 119:105*

O Lord, your word is everlasting:  
**it stands firm for ever in the heavens.** *c.f. Psalm 119:89*

Let us then receive the word of the Lord.  
**so may the light of your presence shine into our hearts.**

## Proclaiming and Receiving the Word

### THE FIRST READING

*The reader says*

A reading from ... chapter ... beginning at verse ...

*At the end the reader says*

This is the word of the Lord.

**Thanks be to God.**

### THE PSALM

*One or more of the appointed psalms is sung, ending with*

Glory to the Father, and | to the | Son, ■

and | to the | Holy | Spirit;

as it was in the be|ginning, is | now ■

and shall be for | ever. | A|men.

### THE SECOND READING

*The reader says*

A reading from ... chapter ... beginning at verse ...

*At the end the reader says*

This is the word of the Lord.

**Thanks be to God.**

### A CANTICLE

THE THIRD READING

*If three readings are used this is always a Gospel Reading.*

*The reader says*

A reading from ... chapter ... beginning at verse ...

*At the end the reader says*

This is the word of the Lord.

**Thanks be to God.**

A CANTICLE

*if the third reading is used.*

A COLLECT OF THE WORD

*may be said here or following the Sermon.*

THE SERMON

*Penitence may take place at this point during the seasons of Advent and Lent.*

*A hymn may be sung.*

## **The Response to God's Word**

THE APOSTLES' CREED

I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come again to judge the living and the dead

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

*This affirmation or a scriptural affirmation of faith may be used instead of the Apostles' Creed.*

Do you believe and trust in God the Father,  
who made the world?

**I believe and trust in him**

Do you believe and trust in his Son Jesus Christ,  
who redeemed mankind?

**I believe and trust in him.**

Do you believe and trust in the Holy Spirit  
who gives life to the people of God?

**I believe and trust in him.**

This is the faith of the Church.

**This is our faith.**

**we believe and trust in One God,  
Father, Son and Holy Spirit.**

## **The Prayers of the People**

*Either of the following, or other seasonally appropriate prayers and intercessions, may be used.*

With confidence and trust let us pray to the Father.

For the one holy catholic and apostolic Church ...  
let us pray to the Father.

Lord of compassion,  
**in your mercy hear us.**

For the mission of the Church,  
that in faithful witness it may preach the gospel  
to the ends of the earth,  
let us pray to the Father.

Lord of compassion,  
**in your mercy hear us.**

For those preparing for baptism [and confirmation] ...  
and for their teachers and sponsors,  
let us pray to the Father.

Lord of compassion,  
**in your mercy hear us.**

For peace in the world ...  
that a spirit of respect and reconciliation  
may grow among nations and peoples,  
let us pray to the Father.  
Lord of compassion,  
**in your mercy hear us.**

For the poor, the persecuted, the sick, and all who suffer ...  
for refugees, prisoners, and all in danger;  
that they may be relieved and protected,  
let us pray to the Father.  
Lord of compassion,  
**in your mercy hear us.**

For those whom we have injured or offended,  
let us pray to the Father.  
Lord of compassion,  
**in your mercy hear us.**

For grace to amend our lives  
and to further the reign of God,  
let us pray to the Father.  
Lord of compassion,  
**in your mercy hear us.**

In communion with all those  
who have walked in the way of holiness ...  
let us pray to the Father.  
Lord of compassion,  
**in your mercy hear us.**

God our Father,  
in your love and goodness  
you have taught us to come close to you in penitence  
with prayer, fasting and generosity;  
accept our Lenten discipline,  
and when we fall by our weakness,  
raise us up by your unfailing mercy;  
through Jesus Christ our Lord.  
**Amen.**

*or*

We pray to the Lord for courage to give up other things and to give ourselves to him this Lent.

Give your Church the courage  
to give up her preoccupation with herself  
and to give more time to your mission in the world.

[We pray for ...]

May the blood and water flowing from the side of Jesus  
bring forgiveness to your people  
and help us to face the cost of proclaiming salvation.

Lord, meet us in the silence,

**give us strength and hear our prayer.**

Give your world the courage  
to give up war, bitterness and hatred,  
and to seek peace. [We pray for ...]  
May the shoulders of the risen Jesus,  
once scourged by soldiers,  
bear the burden of political and military conflict in our world.

Lord, meet us in the silence,

**give us strength and hear our prayer.**

Give us the courage  
to give up quarrels, strife and jealousy  
in our families, neighbourhoods and communities.

[We pray for ...]

May the presence of the risen Jesus,  
his body once broken and now made whole,  
bring peace and direction as we live with one another.

Lord, meet us in the silence,

**give us strength and hear our prayer.**

Give us the courage  
to give up our selfishness as we live for others,  
and to give time, care and comfort to the sick.

[We pray for ...]

May the wounded hands of Jesus bring his healing touch,  
and the light of his presence fill their rooms.

Lord, meet us in the silence,

**give us strength and hear our prayer.**



Give us the courage to give up our fear of death  
and to rejoice with those who have died in faith.  
[Especially we hold ... in our minds.]  
May the feet of the risen Lord Jesus, once nailed to the cross,  
walk alongside the dying and bereaved in their agony,  
and walk with us and all your Church  
through death to the gate of glory.  
Lord, meet us in the silence,  
**give us strength and hear our prayer,**  
**here and in eternity. Amen.**

THE COLLECT OF THE DAY

THE LORD'S PRAYER

Gathering our prayers and praises into one, we pray:

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done,**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Lead us not into temptation**

**but deliver us from evil.**

**For the kingdom, the power, and the glory are yours**

**now and for ever. Amen.**

*or*

Gathering our prayers and praises into one, we are bold to pray:

**Our Father, who art in heaven:**

**hallowed be thy name,**

**thy kingdom come,**

**thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses**

**as we forgive those who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom, the power, and the glory**

**for ever and ever. Amen.**

*If the Collect of the Day and the Lord's Prayer are used at this point in the service, they are not used during the Dismissal.*

*A hymn may be sung during which the collection may be received.*

## **Going Out as God's People**

A THANKSGIVING

*The minister says*

Let us give thanks to God, Father, Son and Holy Spirit:

For the love of our Father,  
the maker of all, the giver of all good things,  
let us bless the Lord.  
**Thanks be to God.**

For Jesus Christ our Saviour,  
who lived and worked among us,  
let us bless the Lord.  
**Thanks be to God.**

For his suffering and death on the cross  
and his resurrection to new life,  
let us bless the Lord.  
**Thanks be to God.**

For his rule over all things  
and his presence in the world,  
let us bless the Lord.  
**Thanks be to God.**

For the Holy Spirit, the giver of life,  
who teaches us and guides us,  
let us bless the Lord.  
**Thanks be to God.**

For the grace of the Spirit in the work of the Church  
and the life of the world,  
let us bless the Lord.  
**Thanks be to God. Amen.**

or

*The minister says*

Blessed are you, Holy God,  
creator, redeemer and life-giver;  
you have spoken the world into being  
and filled it with wonder and beauty.  
For every blessing we have received  
**we give you thanks and praise.**

Blessed are you, Holy God,  
for people of every language and culture  
and for the rich variety you give to life.  
For every blessing we have received  
**we give you thanks and praise.**

Blessed are you, Holy God,  
for Jesus Christ our Saviour,  
truly divine and truly human,  
living and dying for us,  
and going before us into heaven.  
For every blessing we have received  
**we give you thanks and praise.**

Blessed are you, Holy God,  
for your Spirit, the fire of love burning in our hearts,  
bringing us to faith, and calling us to holiness  
in the Church and in the world.  
For every blessing we have received  
**we give you thanks and praise.**

**THE DISMISSAL**

Let us say together:  
**Be with us Lord,**  
**as we go out into the world.**  
**May the lips that have sung your praise**  
**always speak the truth;**  
**may the ears which have heard your Word**  
**listen only to what is good**  
**and may our lives as well as our worship**  
**be always pleasing in your sight,**  
**for the glory of Jesus Christ our Lord. Amen.**

*or*

**We go into the world  
to walk in God's light,  
to rejoice in God's love  
and to reflect God's glory.**

*The Collect of the Day and the Lord's Prayer are said if not used previously.*

### **The Blessing**

*A priest blesses the people with these or other suitable words*

Christ give you grace to grow in holiness,  
to deny yourselves,  
and to take up your cross and follow him:  
and the blessing of God Almighty,  
the Father, the Son and the Holy Spirit,  
be with you and remain with you always.  
**Amen.**

*If no priest is present the Blessing is omitted  
and the following prayer may be said*

The almighty and merciful Lord,  
Father, Son, and Holy Spirit,  
bless us and keep us.  
**Amen.**

We go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

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